**DIAGNOSTIC PROVIDERS**

**For Dementia and Cognitive Evaluations and Consults (updated Sept 2024)**

*As of this update, all are accepting new patients, and wait times vary. Recommended to contact these providers directly to confirm they are accepting new patients. Typically, referral needs to come from Primary Care Physician. All accept Medicare and some forms of Medi-cal (varies by clinic/office); any exceptions are noted. The providers are divided into three broad categories: centers specializing in dementia care; neuropsychologists, who conduct cognitive testing, and can be a great first step to a diagnosis; and neurologists, who provide ongoing clinical care. There is no one “right” approach.*

**California Alzheimer’s Disease Centers**The California Alzheimer's Disease Centers (CADCs) are a statewide network of ten dementia care Centers of Excellence at university medical schools, established by legislation in 1984. The CADCs effectively and efficiently improve dementia health care delivery, provide specialized training and education to health care professionals, and advance the diagnosis and treatment of Alzheimer's disease and dementia. We have three in northern California, listed below.

1. **Stanford/VA Alzheimer’s Research Center (\*\*Current wait 2-4 weeks)**3801 Miranda Ave., Bldg. 4, 1st Floor, Rm. C151A Palo Alto CA  
   650-858-3915 email: [svalz\_cadc@stanford.edu](mailto:svalz_cadc@stanford.edu)  
   Our evaluations are for research purposes and we do not provide ongoing clinical care. **Patients can be self-referred.** The first step is doing a brief screening over the phone to determine eligibility. No imaging is done and cognitive testing is done over Zoom or phone. Appointments last approximately 2-3 hours.  
   A brief description of our services: the Stanford/VA Alzheimer's Center offers no-cost evaluations to older adults with memory concerns as well as second opinions for those diagnosed elsewhere. We are primarily funded by the State of California and the Department of Veterans Affairs. The patients we see range from cognitively normal or no cognitive impairment to moderate-severe dementia caused by a variety of etiologies including Alzheimer’s disease (AD), Parkinson’s disease (PD), dementia with Lewy bodies (DLB), cerebrovascular disease, etc. Evaluations last approximately 2.5 hours and include a neurological examination, neuropsychological testing, and interviews with both the patients and caregiver(s). Diagnoses are determined by consensus at our weekly interdisciplinary team meetings. Finally, patients and their family members return for a ‘family conference’ where they receive their diagnosis, recommendations, and any additional pertinent resources or educational information.

**2) UCSF Memory and Aging Center**The UCSF Memory and Aging Center is an NIA-designated Alzheimer’s Disease Research Center working to translate research science into improved diagnosis and care for people with dementia due to Alzheimer's disease and related diseases, as well as to find a treatment or prevention.

Clinic phone: 415-353-2057  
Clinic fax: 415-353-8292

Can take a few months to get an appointment at their Mission Bay Campus in San Francisco. To make referral go to: <https://memory.ucsf.edu/gateway/make-referral>

1. **UC Davis Healthy Aging Clinic and Alzheimer’s Disease Research Center**3160 Folsom Blvd Sacramento, Suite 1400  
   Phone: 916-731-1831   
   Fax referrals to: 916-703-6048  
   Provides comprehensive evaluations, research, and multi-disciplinary support for people and their families experiencing all types of dementias. Also has ne
2. Neuropsychology services (see below) for which the wait time may be shorter.

**NEUROPSYCHOLOGISTS (they conduct cognitive testing/evaluations - all take regular Medicare)**

1. **Linda Trettin, PhD**

Folsom  
 Phone: 916-399-3961  
 Fax referrals to: 833-968-1890 or  
 Primary care physician can fill out referral form on website:  
 <https://folsomneuro.herokuapp.com/referrals>

1. **Bonnie Conner, PhD**

Davis  
 Phone: 530-750-1700   
 Fax referral from primary care physician: 800-390-1612

1. **Marina Kaminestskaya, PhD**

Rocklin   
 Phone: 916-672-1427  
 Fax referral from primary care physician: 916-237-0259

**4) Renee J. Low, PhD and Kimberly E. Rose PhD** Sutter Medical Foundation  
 2800 L St., Suite 500 Sacramento  
 Phone: 916-454-6850. \*\***can do Telehealth**

**5) Jennifer Alford PhD** Sutter Medical Foundation  
 1625 Stockton Blvd., Suite 104 Sacramento  
 Phone: 916-454-666

6) **UC Davis Healthy Aging Clinic \*\*Has neuropsychology for mild cognitive impairment and dementia evaluations, open to ALL, wait time 1-3 months only!** Phone: 916-731-1831   
 Fax referrals to: 916-703-6048

**NEUROLOGISTS  
1) Dr. Khalili**7551 Timberlake Way, Suite 240 Sacramento  
Phone: 916-681-9401. Fax: 916-681-9417

**2) Mercy Medical Group/ Dignity Health System has specialty clinics including neurology in Carmichael, Rocklin, Folsom, Elk Grove and Sacramento**

**Doctors are Peter Skaff, Ehsan Hadi, Michael Dengel, Kenneth Cheung, Asad Chaudhary, Edwin Cruz, Robert Diaz, Alan Shatzel**

**Fax new patient referrals to: 916-859-1921**

**\*\*\*only open to in group, needs to be referred by PCP with Dignity Health**

**\*\*Booking out into 2025**

**\*\*\*Case by case basis for acceptance**6555 Coyle Ave. Suites 380 and 390 Carmichael  
Phone: 916-536-3670

550 W. Ranchview Dr., Suite 3000 Rocklin  
Phone: 916-409-1400  
  
1561 Creekside Dr. Suite 170 Folsom  
Phone: 916-351-4825

8220 Wymark Dr., Suite 200 Elk Grove   
Phone: 916-631-8087  
  
3000 Q St. Sacramento  
Phone: 916-733-3372

**3) Sutter Medical Group has neurologists in Sacramento, Auburn and Roseville**

**Main referral fax for all offices: 916-503-7632**

**Main referral phone number: 888-834-1788**

**\*\*Open to ALL people- does not need to be Sutter patient referral**

**\*\*Case by case review for acceptance**

**\*\*Booking out 8 plus months**

2800 L St Sacramento   
Phone: 916-454-6850  
**Dr. Shawn Kyle, Dr Zhao (good MSW that can make local referrals)**

11795 Education St. Auburn   
Phone: 530-886-6850  
**Dr. Ferguson and Dr. Grewal**

2 Medical Plaza, Suite 205 Roseville, CA   
Phone: 916-773-8711  
**Dr. Ferguson, Dr Erika Byrd, Dr Evan Williams, Christina Law, NP and Dr Dayanathan**

**4)** **Rideout Memorial Hospital**

870 Shasta St Suite 400 Yuba City  
Phone: 530-749-8801  
**Dr. Wenchiang Han**  
No Medi-Cal

5**) UC Davis Roseville only for Mild Cognitive Impairment Diagnosis (they take patients outside of UCD with referral from primary care physician)**

**\*\*Referral Line for outside UC System: 800-482-3284 option 3**

**\*\*Fax referrals to: 916-703-6048**

1620 E. Roseville Parkway, Suite 200 Roseville  
Phone: 916-783-7109  
Fax referrals to: 916-703-6048  
**Doctors are Mona Rezai Mirghaed and Sophie Teng**

**BEHAVIORAL HEALTH CLINIC**

**Beautiful Minds Clinic for individuals with dementia and behavioral disturbances**

13300 New Airport Rd Suite 103 Auburn  
Phone: 530-889-8780  
Accepts Medicare but not Medi-Cal

**\*\*recent positive experience with psychiatrist able to address behavioral concerns/symptoms of psychosis (delusions and hallucinations) successfully via Telehealth**

**NEUROPSYCHIATRIST**

825 Zion St. Nevada City   
Phone: 530-265-9043  
**Dr. Helen Crawford and Jan Windz, NP**Private Pay only/no insurance

**\*\*can make home visits with not a long wait and can make medication recommendations and manage medications for behavioral symptoms related to dementia**